

Johnny Newnes Yoga Resume

E-RYT 200

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☎ (562) 331-5693

Overview

E-RYT 200 with 150+ Hours Continued Education

Styles & Formats

- Vinyasa
- Yin/Restorative
- Yoga Sculpt
- Guided Meditation
- Arm Balance Specialty
- Studio, Corporate, Rehabilitation, & Private

Yoga Education & Qualifications

200 Hour Power Vinyasa – CorePower Yoga Huntington Beach

August 2013

Leads: David Miller and Ashley McKeachie

CorePower Yoga Power Vinyasa Extensions – 50 Hours Continued Education

October 2013

Leads: Ashley McKeachie and Red Jen Ford

Restorative Yoga 40 Hour Training

May 2014

Leads: Red Jen Ford

CorePower Yoga Power Advanced Power Vinyasa – 50 Hours Continued Education

March 2015

Leads: Heather Peterson & Red Jen Ford

Restorative Workshop and Training – 8 Hours Continued Education

April 2016

Leads: Bonnie Knight

CorePower Yoga Sculpt Training – CorePower Yoga Huntington Beach

May 2019

Leads: Ryan Marks

Teaching Experience

CorePower Yoga Huntington Beach & Costa Mesa - Instructor

October 2013 – Present

CorePower Yoga Huntington Beach & Costa Mesa – Teacher Training Coach

May 2015 – April 2018

CorePower Yoga Huntington Beach & Costa Mesa – Teacher Training Leader

May 2018 – Present

Ra Yoga Costa Mesa – Instructor

January 2018 – Present

Various Clients - Corporate Wellness Yoga & Meditation Instructor

January 2014- Present

Various Clients – Addiction & Rehabilitation Yoga & Meditation Instructor

May 2018 - Present

Other Relevant Skills

- Social Media Marketing
- Email Marketing
- Marketing Management
- Public Relations
- Editorial Writing
- Health Cook